

FAQs for Smoking Cessation Help Service

Can I get the service through Virtual Medicine (remotely)?

Yes, the service is fully available through the (Sehhaty) platform.

Are medicines free of charge in anti-smoking clinics in the facilities of Ministry of Health?

Yes, it is free for citizens.

If I miss a session with the doctor, can I continue with the rest of sessions or start over?

The most important reason for success of trying to quit smoking is to continue to visit the doctor during the specified period.

Is the therapeutic service provided to users of chewing tobacco?

Yes, the service is available for the treatment of addiction to all types of tobacco.

Is Cognitive behavioral therapy important?

Cognitive behavioral therapy and pharmacotherapy are complementary and have the same importance.

