المملكة التحربية الستخودية وزارة الصحة الوكالة المساعدة للطب التحلاجي الإدارة التحامة للمستشفيات



KINGDOM OF SAUDI ARABIA MINISTRY OF HEALTH DEPARTMENT OF CURATIVE MEDICINE GENERAL DIRECTORATE OF HOSPITALS





The international symposium on **THALASSEMIA AND SICKLE CELL ANEMIA** Working Together For A Better Life



مستشفى الملك فيصل التخصصي ومركز الأبحاث King Faisal Specialist Hospital & Research Centre Gen. Ore. مفسسة عامة .







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#### **Dear Colleagues:**

We welcome you to our symposium which will focus on common and serious hereditary blood diseases.

This symposium was organized by the Ministry of Health with participation of health professionals in the field from various health sectors.

The scientific committee has put together an exciting program under a meaningful title: Thalassemia and Sickle cell Anemia: Working Together for a better life

The program will include presentations on state of the art practice and understanding of these two diseases. It will include clinical features, molecular diagnostics, and therapeutic modalities. Additionally, we will be discussing the psychological, preventive measures and future directions for Thalassemia and sickle cell anemia. Thalassemia topics will be presented on the first day, while sickle cell anemia topics will be on the second day.

The symposium will emphasize the role of control and prevention of such diseases through premarital screening and the application of pre-implantation genetic diagnosis. Furthermore, the outcome of the premarital screening in the Kingdom and future direction of such screening will be addressed.

We are grateful to our distinguished international and regional speakers who took time out of their busy schedule to be with us on this occasion. They will be sharing with the participants an update on their vast experience in the field. Our national speakers also will talk about their valuable experience in different areas.

At the end of the symposium there will be an open forum with a high Ministry of Health administrator to give an opportunity for the professionals to discuss different issues related to the subject.

Public awareness is a primary objective of the symposium, with a campaign which will be initiated in Riyadh and then will proceed to different regions in the kingdom. There will be collaborative efforts from Information Ministry and participation of other sectors and media channels such as newspaper, TV, radio, as well as the activities of the blood disease centers across the Kingdom.

We wish you a pleasant stay in Riyadh and fruitful learning experience and remember to visit and contribute to our newly formed website www.moh.gov.sa/thalassemia

**Yours Sincerely** 

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Abdullah Al Jefri, MD, FAAP Chairman, Scientific Committee

Ali Al Qahtani, MD Chairman, Organizing Committee General Director of Hospitals, MOH

# UNDER THE PATRONAGE OF HIS EXCELLENCY MINISTER OF HEALTH

# DR. HAMAD AL MANEA

# AND IN COLLABORATION WITH THALASSEMIA INTERNATIONAL FEDERATION

30th April - 1 st May , 2008 Marriott Hotel -Riyadh

# INTERNATIONAL SYMPOSIUM

# THALASSEMIA AND SICKLE CELL ANEMIA : WORKING TOGETHER FOR A BETTER LIFE

#### SYMPOSIUM TOPICS:

- STATE OF THE ART CLINICAL, RESEARCH, DIAGNOSTIC AND THERAPEUTIC MODALITIES
- UPDATE ON OUTCOME OF INTERNATIONAL TRIALS ON SICKLE CELL DISEASE AND THALASSEMIA
- CHALLENGES AND FUTURE PLANS IN HEMOGLOBINOPATHIES CONTROL
- Towards a National Prevention and Management Program
- PREMARITAL SCREENING : CURRENT STATUS AND FUTURE DIRECTION
- EXPERIENCE OF ARAB AND GULF COUNTRIES IN HEMOGLOBINOPATHIES
   AND FUTURE COLLABORATION

#### **INTERNATIONAL AND REGIONAL SPEAKERS:**

- PROF. MARIA CAPPILLINI (ITALY)
- PROF. JOHN PORTER (UK)
- DR. ANDROULLA ELEFTHERIOU (TIF, CYPRUS)
- PROF. MICHEL ANGASTINIOTIS (TIF, CYPRUS)
- PROF. ADEKUNLE ADEKHILE (NIGERIA)
- PROF. ALI TAHER (LEBANON)
- PROF. AMAL EL BESHLAWI (EGYPT)
- PROF. ADLETTE INATI (LEBANON)
- PROF. MOHSEN EL ALFY (EGYPT)
- PROF. MIGUEL ABBOUD(LEBANON)

#### **GULF COUNTRIES SPEAKERS:**

- KUWAIT : PROF. ADEKUNLE ADEKHILE
- BAHRAIN : DR HUSSAIN AL MUKHARRAQ
- QATAR : DR. NAIMA AL MULLA
- UAE : DR. FATHEYA AL KHAJA
- Oman : Dr. Shahina Daar

# LOCAL SPEAKERS:

PROF. MOHSEN EL HAZMI : AL-SHOURA COUNCIL MEMBER- RIYADH

- DR. MOHAMMAD AL SAEEDI, NON-COMMUNICABLE DISEASE- MOH
- DR. DANA BAKHEET, GENETIC DEPARTMENT, RESEARCH CENTER- KFSH&RC
- DR. MOHAMMAD QARI,: PRESIDENT OF SAUDI HEMATOLOGY SOCIETY JEDDAH
- DR. AHMAD AL SULAIMAN- DIRECTOR OF HEREDITARY BLOOD DISEASE CENTER- HOFUF
- DR. AHMAD TARAWAH- CONSULTANT PEDIATRIC HEMATOLOGY/ONCOLOGY, AL MADINAH HEREDITARY BLOOD DISORDERS CENTER – AL MADINAH
- DR. WAFA AL QUBBAJ : SCIENTIST, ASSISTED REPRODUCTIVE TECHNOLOGY , KFSHRC
- DR. ADEL ABU ZENADAH, VICE- DEAN FOR APPLIED MEDICAL SCIENCES, KAAU- JEDDAH
- DR. OMAR MODAYFER, CONSULTANT PSYCHIATRY, KAMC RIYADH
- DR. AYMAN AL SULAIMAN, POST DOCTORATE FELLOW AND GENETIC COUNCILOR -RIYADH

# TARGET AUDIENCE:

- GENERAL PRACTITIONER
- PEDIATRICIANS
- HEALTH CARE PLANNERS
- PEDIATRIC HEMATOLOGISTS
- HEMATOPATHOLOGISTS
- ADULT HEMATOLOGISTS
- LAB. TECHNOLOGISTS
- RESEARCH TECHNOLOGISTS
- NURSES ( ADULT AND PEDIATRIC )



WEDNESD	<b>Δ</b> Υ,	30TH APRIL, 2008
7:30-9:30	:	REGISTRATION
9:00 - 10:00	:	OPENING CEREMON
10:00 - 10:10	:	COFFEE BREAK

#### SCIENTIFIC PROGRAM :

DAY 1:	Т	HALASSEMIA		
SESSION 1	:	Chairpersons: Dr. Yagob Y. Al Mazrou Prof. Abdulkarim Al Momen / Dr. Ghazi Damanhouri		
10:10 - 10:35	:	Hemoglobinopathies in Saudi Arabia	Prof. M. El Hazmi	
10:35 - 11:00	:	THALASSEMIA: CURRENT UNDERSTANDING AND MANAGEMENT	Prof. M. Cappillini	
11:00 - 11:25	:	PATHOPHYSIOLOGY OF IRON OVERLOAD	Prof. J Porter	
11:25 - 11:50	:	DEVELOPMENT OF A NATIONAL PREVENTION PROGRAM FOR HEMOGLOBINOPATHIES	DR. M. ANGASTINIOTIS	
11:50 - 12:00	:	DISCUSSION		
12:00 - 13:00	:	LUNCH AND PRAYER		
SESSION 2	:	CHAIRPERSONS: DR. ABDULRAHMAN AL MUSA DR. IBRAHIM AL- OMAR / DR. ABDULLAH BA-OTHMAN		
13:00 - 13:20	:	PREMARITAL SCREENING: KNOWLEDGE AND ATTITUDE OF THE SAUDI SOCIETY	DR. AYMAN AL SULAIMAN	
13:20 - 13:40	:	MOLECULAR CHARACTERIZATION IN HEMOGLOBINOPATHIES	Dr. Abu- Zenadah	
13:40 - 14:00	:	PREMARITAL SCREENING IN KSA: CURRENT STATUS AND FUTURE DIRECTION	Dr. M. Al Saeedi	

14:00 - 14:20	:	PREIMPLANTATION GENETIC DIAGNOSIS APPLICATION IN HEMOGLOBINOPATHIES	Dr. W. Al Qubbaj / Dr. Coskun			
14:20 - 14:45	:	UPDATE ON ESCALATOR ( MIDDLE-EAST EXJADE TRIAL )	Prof. A. Taher			
14:45 - 15:05	:	UPDATE ON THALASSEMIA (TIF) MANAGEMENT GUIDELINES	Dr. A. Eleftheriou			
15:05 - 15:20	:	DISCUSSION				
15:20 - 15:40	:	COFFEE BREAK AND PRAYER				
SESSION 3	:	CHAIRPERSONS: DR. MOHAMMAD AL BAKRAH DR. BASEL ABU-SHULLAIH / DR. FAISAL AL- ANZI				
15:40 - 16:10	:	Approach to Thalassemia intermedia complications	Prof. M. Cappillini			
16:10 - 16:30	:	Use of Butyrates and Hydroxyurea in Thalassemia intermedia	Prof. A. El Beshlawi			
16:35 - 16:55	:	IRON OVERLOAD IN THALASSEMIA INTERMEDIA	Prof. Ali Taher			
16:55 - 17:05	:	DISCUSSION				
Session 4	:	Coordinator: Dr. Ahmad Tarawah				
INTERACTIVE SESSION:						
17:05 - 17:30	:	(MEET THE EXPERTS)	DR. CAPPILLINI			
		THALASSEMIA OPEN FORUM (Q&A)	DR. PORTER			
			Dr. Taher			
			DR. ELEFTHERIOU			

# END OF DAY 1

# THURSDAY, 1ST MAY, 2008 DAY 2: SICKLE CELL DISEASE SESSION 1 · CHAIPPERSONS' DR KWESI SACKEY PROF BAOFR AL AWAMY / DR FAWAT AL KASIM 8.00-8.30 PROF J PORTER : CURRENT UNDERSTANDING OF PATHOPHYSIOLOGY OF SICKLE CELL ANEMIA. 8:30-8:55 : THE LUNG IN SICKLE CELL ANEMIA: DR. A. INATI DR. M. ABBOUD 8:55-9:20 TRANSFUSION FOR THE PREVENTION OF COMPLICATIONS IN SICKLE CELL DISEASE 9.20-9.40 · ROLE OF TINZAPARIN (INNOHEP) DR M QARI IN SICKLE CELL ANEMIA PAINFUL CRISIS 9.40 - 10.00 · PSYCHOLOGICAL IMPACTION DR OMAR MODAYFER CHRONICALLY ILL PATIENTS 10:00 - 10:05 : DISCUSSION 10:05 - 10:15 COFFEE BREAK SESSION 2 : CHAIRPERSONS: DR. REEM AL SUDAIRY DR. FAHAD AL MANJOMI / DR. ZAKARIA AL HAWSAWI 10:15 - 10:40 CLINICAL CHARACTERISTICS OF HIGH-HBF PROF. A. ADEKHILE SICKLE CELL DISEASE PHENOTYPE 10:40 - 11:05 : THE CONTRIBUTIONS OF CLINICAL TRIALS DR M ABBOUD ON THE MODERN MANAGEMENT OF SCD: FOCUS ON HYDROXYUREA AND STEM CELL TRANSPLANTATION 11:05 - 11:25 : DIAGNOSTIC AND PREVENTATIVE STRATEGIES DR. D. BAKHEET FOR SICKLE CELL ANEMIA AND BETA- THALASSEMIA FOR SAUDI POPULATION 11:25 - 11:45 : AL MADINAH HEREDITARY DR. A. TARAWAH **BLOOD DISORDERS CENTER**

11:45-11:55 : DISCUSSION

11:55 - 13:00 : LUNCH AND PRAYER

SESSION 3	:	CHAIRPERSONS: DR. SAUD ABU-HERBISH DR. ALI AL JAME / DR. SA'AD AL DA'AMAH		
13:00 - 13:20	:	OVERVIEW OF THALASSEMIA IN EGYPT	Prof. M. El Alfy	
13:20 - 13: 40	:	OVERVIEW OF THALASSEMIA IN OMAN	Prof. S. Daar	
13:40 - 14:00	:	Hemoglobinopathies in Bahrain	Dr. H. Al Mukharraq	
14:00 - 14:20	:	HEMOGLOBINOPATHIES IN QATAR	Dr. N. AL MULLA	
14:20 - 14:40	:	HEMOGLOBINOPATHIES IN UAE	Dr. F. Al Khaja	
14:40 - 15:00	:	HEREDITARY BLOOD DISEASE CENTER IN AL HOFUF	DR. A. AL SULAIMAN	
15:00 - 15:15	:	DISCUSSION		
15:15 - 15:35	:	Coffee Break and Prayer		
SESSION 4	:	COORDINATOR: DR. ABDULLAH AL JEFRI		
INTERACTIVE SESSION:				

 15:35 - 16:00
 : (MEET THE EXPERTS): SICKLE CELL ANEMIA
 DR. INATI / DR. ADEKHILE

 OPEN FORUM (Q&A)
 DR. ABBOUD / DR. PORTER

SCIENTIFIC MEETING CLOSING REMARKS

# **GENERAL ASSEMBLY:**

16:00 - 17:00 : NATIONAL OPEN FORUM WITH:

#### DR. YAGOB Y. AL MAZROU

ASSISTANT DEPUTY MINISTER FOR CURATIVE MEDICINE, MINISTRY OF HEALTH

# ORGANIZING COMMITTEE:

#### DR. ALI QASSIM AL QAHTANI

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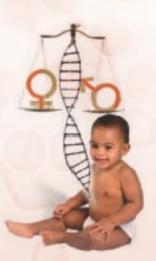
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#### SPEAKERS:

#### PROF. MARIA DOMENICA CAPPELLINI

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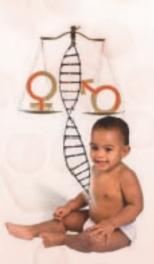
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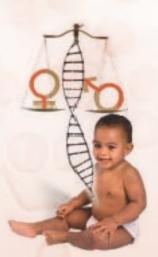
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